

November 4, 2020

RE: Coronavirus (COVID-19) Exposure at North Hill Community Curling Club

To whom it may concern:

This letter is to advise you that an individual who was recently at North Hill Community Curling Club and tested positive for COVID-19.

Close contacts of cases of COVID-19 have been contacted by Alberta Health Services regarding their need to isolate and be tested for COVID-19. COVID-19 is spread mainly by coughing, sneezing or having contact with someone who is sick. If you develop any symptoms of COVID-19, please stay home, get tested and call 811 if you need more advice.

To reduce the risk of spread of COVID-19, we strongly recommend:

1. To not curl on multiple teams and in multiple leagues
2. To not curl if [symptomatic](#)
3. For anyone with [symptoms](#) to seek [testing at an AHS testing facility](#)
4. To socialize with a small group of people, and to keep track of individuals they have socialized with
5. For members to maintain 2m distance wherever possible
6. For all members to comply with local by-laws regarding masking

For further information regarding COVID-19, please call Health Link at 811, and/or visit the Alberta Health Services website for COVID-19: [ahs.ca/covid](https://www.ahs.ca/covid).

Public Health, Communicable Disease Control